



# The Laws of the Game

## Law 4 - The Player's Equipment

### “Jewellery”



This is a friendly reminder for members that there is to be no jewellery worn in any match. This includes wedding rings, earrings, nose rings, bracelets and necklaces. While internal, tongue rings also are required to be removed as they are regarded as a danger to the individual.

FitBits and similar fitness trackers cannot be worn during a match. Some players are renowned for wearing them under a sweat band and this is not allowed.

Taping of jewellery is also not permitted.

If a player refuses to remove their jewellery then they will simply not be allowed to take the field. It is also a yellow card offence and they will be disciplined with a Y2 code offence which is dissent by word or action, due to the fact that the member has failed to follow the instructions of the Referee in line with the laws of the game and the BDSFA Regulations.

### Permitted items

Notwithstanding the above, a medical bracelet is permitted. The player or coach should notify the Referee if a player is wearing a medical bracelet.

Please also note that bobbie pins are also allowed.

### The Laws of the Game

All of the above is covered by the Laws of the Game, outlined below.

#### [Law 4.1 - Safety](#)

A player must not use equipment or wear anything that is dangerous.

All items of jewellery (necklaces, rings, bracelets, earrings, leather bands, rubber bands, etc.) are forbidden and must be removed. Using tape to cover jewellery is not permitted.

The players must be inspected before the start of the match and substitutes before they enter the field of play. If a player is wearing or using unauthorised/dangerous equipment or jewellery, the referee must order the player to:

- remove the item
- leave the field of play at the next stoppage if the player is unable or unwilling to comply

A player who refuses to comply or wears the item again must be cautioned.

Jewellery is also covered by the [BDSFA Player and Player Equipment Regulations](#) [PDF].

Jewellery of any type is not allowed, including metal, leather, plastic or any other material. Hidden jewellery must be removed before entering the field of play. Using tape to cover jewellery is not acceptable.

Medi-alert items are exempt.